

SERMON OUTLINE & DISCUSSION QUESTIONS
AUGUST 16, 2026

WHOM DO YOU TRUST?
PSALM 146

MAIN THOUGHT & OUTLINE

Do not trust in men who perish but place your trust in the eternal LORD who is worthy of your worship.

- I.** Worship the LORD (v.1-2)
- II.** Don't Trust Man (v.3-4)
- III.** Trust the LORD (v.5-9)
- IV.** Worship the LORD (v.10)

QUESTIONS FOR REFLECTION & DISCUSSION

- 1.** How do you struggle with distrust in institutions or people? How does this Psalm address that?
- 2.** Why must trust of God and worship of God go hand-in-hand? How do they help each other?
- 3.** How could you address your neighbour the next time they grumble about not trusting an institution or relationship? What example do you set for them?
- 4.** Covenant children – do you trust God for every situation? How do you know you can trust Jesus?

FURTHER READING: Psalm 63:3-5; Rom 1:25; Psalm 49; 1 Cor 1:25; Prov 3:33; Luke 4:17-21, 7:22